



Access to Recovery III Fact Sheet



ATR Customer Service Center 1 (866) 580-3922

A. TARGET POPULATION-Adults (18 years old or older) with a verifiable substance use disorder
AND who are involved in one of the following state agency programs:

I. Court Support Services Division (Probation):

- Technical Violation Unit (TVU)
- Probation Transition Program (PTP)
- Women Offender Case Management (WOCM) Program
- Mental Health Probation
- Intensive Supervision (IS)
- Supervised Diversion Program (SDP)

II. Department of Correction (Parole):

- Parole
- Transitional Supervision (TS)
- End of Sentence and Transitional Supervision from:
 - York Correctional Institution
 - Niantic-Annex Correctional Institution
 - Willard-Cybulski Correctional Institution

III. Department of Children and Families

- Women's Behavioral Health Recovery Specialists
- Project SAFE-Recovery Case Managers & Recovery Specialist Voluntary Program (RSVP)
- Building Stronger Families

IV. National Guard Members and Veterans

- Military Support Program
- Veterans' Jail Diversion Program
- Veteran Centers

V. Department of Mental Health and Addiction Services Programs

- Blue Hills Hospital (Harford)
- Connecticut Valley Hospital Merritt Hall (Middletown)
- Behavioral Health Recovery Program (BHRP)- Intensive Case Management
- Behavioral Health Recovery Program (BHRP)- Supported Recovery Housing Services
- Eastern Region Service Center Case Managers (ERSC)
- Substance Abuse Jail Diversion Program (Hartford)

VI. Primary Care Pilots

- Liberation Programs/Optimus Health Care (Stamford)

VII. Hartford Community Court



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B. ELIGIBILITY DETERMINATION

The ATR customer service center will screen interested participants for eligibility. If determined to be eligible, participants will be given an appointment with an ATR care coordinator to complete a recovery assessment and receive referrals to services of their choosing.

C. SERVICES

Clinical Services

Buprenorphine Treatment Services

Recovery Support Services

Care Coordination

Recovery Assessment

Supported Recovery Housing Services

Independent Housing

Recovery Management Services

Faith Recovery Support Services

Recovery Oriented Vocational Services

Wellness

Basic Needs

All service providers must be credentialed and have an executed contract with Advanced Behavioral Health.

D. DIRECTORY OF CONTRACTED PROVIDERS

Please go to www.abhct.com: Click “Resources”: Select “ATR III”

E. RESOURCES

ATR Customer Service Center: 1 (866) 580-3922

ATR Websites:

DMHAS: www.ct.gov/dmhas/atr

ABH: www.abhct.com

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ATR 3 Service Descriptions

Clinical Services

Buprenorphine Treatment Services

A non-residential service provided in a facility licensed by the Department of Public Health to offer “Ambulatory Chemical Detoxification” or substance abuse “Outpatient Treatment” to opiate addicted individuals. This service involves administration or prescription of Suboxone or Subutex with gradual reductions in dosage to mitigate symptoms in addition to clinical support, including an assessment of needs, recovery planning, individual and group therapy, and relapse prevention strategies. This model is designed to enable the recipient to become opiate-free between 181 and 365 days for induction/maintenance/taper.

Recovery Support Services

Care Coordination

Care coordination is available to all individuals accessing ATR, and care coordinators will follow ATR recipients through their course of ATR services. Care coordinators complete the entire recovery assessment including tasks such as: eligibility screening, treatment and recovery support assessment, recovery planning, service determination and referral to ATR and other funded services. Care coordinators will also assess client satisfaction and aid in service re-engagement if needed.

Recovery Assessment

The recovery assessment is completed by an ATR care coordinator and includes the eligibility screening, treatment and recovery support assessment, recovery planning, service determination, referral to ATR and other funded services and any other application related information (e.g. consent to participate, releases of information, etc).

Recovery Management Services

Recovery management provides referral, linkage, and coordination of wrap around services according to an individualized recovery plan incorporating the input of individuals served and their natural supports. Services are provided in the community, and a primary goal is to provide linkages to substance abuse and mental health treatment and recovery support services. Recovery management services are intended to assist the individual to work on integrating relapse preventions skills and achieve autonomy including obtaining gainful employment and independent living in their community.

Supported Recovery Housing Services

A clean, safe, drug and alcohol-free transitional living environment with on-site case management services available at least 8 hours per day 5 days per week. Case management services include assessment, recovery planning and discharge planning with the goal of linking residents to substance abuse and mental health treatment services, entitlements, employment, permanent housing and other needed community supports to promote autonomy.



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Independent Housing

Short-term assistance provided to secure affordable and safe housing via a lease agreement with a landlord. Funding is transitional in nature, thus individuals must have income to support the rental amount on an ongoing basis.

Faith Recovery Support Services

Faith recovery support services are provided via individual meetings that are designed to help persons in recovery forge supportive connections with self-selected faith communities, discover positive personal interests, and take on valued social roles. Faith recovery support services include mentoring and positive role modeling, pastoral and spiritual counseling, social support and community engagement, and integration of faith and recovery values to support recovery and relapse prevention. Services are usually provided in a religious or spiritual setting by spiritual leaders or other staff who are knowledgeable about the spiritual values of the community and are equipped to assist individuals in finding spirituality.

Basic Needs

Basic needs are available to individuals engaged in treatment and/or recovery support related appointments and activities, and who are in need of items such as clothing and toiletries. Gift cards are provided to individuals to help them stay engaged in treatment, recovery support services and employment.

Recovery Oriented Vocational Services

Recovery oriented vocational services are directed toward improving and maintaining employment and include: skills assessment and development, job coaching, job placement, resume writing, interviewing skills, and tips for retaining a job. Other services include training in a specific skill or trade to assist individuals to prepare for, find, and obtain competitive employment.

Wellness (e.g. Physical Health, Nutrition, Alternative Medicine)

Wellness services are directed toward improving overall health and well-being and include services that may not be covered by traditional health insurance such as: nutritional counseling, gym memberships, smoking cessation, weight loss counseling, relaxation, meditation, yoga, tai chi, homeopathy, etc.